Majeed score

I Pain-30 points

Intense, continuous at rest	0-5
Intense with activity	10
Tolerable, but limits activity	15
With moderate activity, abolished by rest	20
Mild,intermittent,normal activity	25
Slight,occasional or no pain	30

II Work-20 points

No regular work	0-4
Light work	8
Change of job	12
Same job,reduced performance	16
Same job,same perormance	20

■ Sitting-10 points

Painful	0-4
Painful if prolonged or awkward	6
Uncomfortable	8
Free	10

IV Sexual intercourse-4 points

Painful	0-1
Pianful if prolonged or awkward	2
Uncomfortable	3
Free	4

V Standing-36 points A Waliking aids(12)

Bedridden or almost	0-2
Wheelchair	4
Two crutches	6
Two sticks	8
One sticks	10
No sticks	12

VI B Gait unaided(12)

Cannot walk or almost	0-2
Shuffing small steps	4
Gross limp	6
Moderate limp	8
Slight limp	10
Normal	12

VI C Walking distance(12)

Bedridden or few metres	0-2
Very limited time and distance	4
Limited with sticks, difficult without prolonged standing possible	6
One hour with a stick limited without	8
One hour without sticks slight pain or limp	10
Normal for age and general condition	12

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